

YEAR 8: TRIBE WORKSHOP



“I’ve learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.” - Maya Angelou

WORKSHOP DESCRIPTION

This workshop celebrates participants’ journey through the LifeChanger series by encouraging connection, reflection, and gratitude. Participants explore their "tribe," expressing gratitude for their support networks and reflecting on the lessons learned across the Five Pillars.

WORKSHOP OUTCOMES

- Reflect on learnings and journey with LifeChanger (building awareness)
- Create connections with youth, teachers and mentors within the workshop
- Make a commitment to ‘let go’ of something that is inhibiting them from reaching their full potential
- Understand the importance of gratitude and be able to clearly identify who is most important in their lives and why.

HOW TO BEST SUPPORT DURING THIS WORKSHOP:

- **Be alongside the youth:** Join in the activities and discussions as if you were one of the students. Your participation helps reinforce the importance of connection.
- **Lead from the heart:** This final workshop is about fostering meaningful relationships. Share your own stories of connection and how your “tribe” has supported you.
- **Encourage openness:** Create a safe space for students to reflect on their relationships with friends, family, and their community. Be present and listen actively.
- **Model connection:** Show the power of vulnerability by engaging authentically. Your willingness to connect will inspire students to do the same.
- **Celebrate the journey:** This workshop brings everything together. Acknowledge the growth and insights students have gained, and encourage them to continue strengthening their connections.